

WHY JOIN THE DOTHE ADORERS

As Catholics, we are one body in Christ —called to adore, pray, and glorify Him. *"We were all baptized into one Body... and given to drink of one Spirit."* — 1 Corinthians 12:12-13

Your weekly hour is a gift to Jesus, the Church, and your soul.

Come deepen your relationship with Christ through committed, joyful prayer.

HOW TO SIGN UP

We use the App called "We Adore Him," an online system. Please scan the QR Code



ALL ARE WELCOME

No special prayers or experience needed. Just come.

Stay for 5 minutes or a full hour
Sit, pray, read Scripture—or simply rest
Jesus is waiting for you

Come deepen your relationship with Christ through committed, joyful prayer.



St. Paul Catholic Church Adoration Chapel

OUR CONTACT:

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Disciples of the Holy Eucharist (DOTHE)

"Come to Me, all you who labor and are burdened, and I will give you rest."

— Matthew 11:28

Join Us in Adoration.
Come spend one hour with Jesus.



WHAT IS EUCHARISTIC ADORATION?

Eucharistic Adoration is prayer before the Blessed Sacrament—Jesus Christ, truly present in the Eucharist.

The consecrated Host is placed in a monstrance on the altar or tabernacle. In this sacred space, you are invited to:

Rest in His presence

Offer your burdens and gratitude

Listen for His voice in silence

**“Peace I leave with you...
Do not let your hearts be troubled.”**

— John 14:27

WHO WE ARE

We are the ADORERS of the Disciples of the Holy Eucharist (DOTHE)—a ministry of St. Paul’s Catholic Church.

Inspired by Christ’s call to keep watch and rest in His love, we dedicate time each week to Eucharistic Adoration.

“Could you not keep watch with Me for one hour?” — Matthew 26:40

Through prayerful silence, we grow in love for Jesus and intercede for the world—one hour at a time.

WHY IS ADORATION IMPORTANT?

1 **A Personal Encounter with Jesus**

Adoration is not just a ritual—it is a deeply intimate experience. Sitting before the Blessed Sacrament is a time to listen to God in silence, to be seen and known by Him, and to renew your spirit.

“The Spirit of Truth... will guide you.”

— John 16:13

2 **Peace in the Midst of Storm**

In a world full of noise, chaos, and distraction, Adoration offers a sacred pause. It’s a time to be still and know that He is God.

“Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid.” - John 14:27

3 **A Powerful Act of Faith**

Just as Mary sat at the feet of Jesus, Adoration invites us to do the same—choosing “the better part” (Luke 10:42). Your silent hour is a bold testimony of your love and trust in Him.

“There is need of only one thing. Mary has chosen the better part and it will not be taken from her.” - Luke 10:42

4 **Pray for the World**

During Adoration, we lift up our loved ones, the Church, and the world. You are interceding for souls in need, even when words fail you.

All Your ways are mercy and fidelity; You are judge of the world.” - Tobit 3:2

