



St. Paul's Knights of Columbus Council 15001
 330 W Coral Gables Dr
 Phoenix, AZ 85023
 602-942-2608

July 1, 2020

Council 15001

Your Officers for 2020-2021

Grand Knight.....Kirk LaPlante
 Chaplain.....Fr. Dindo “Bruno” Cuario
 Asst. Chaplain.....Fr. Ishaya Samaila
 Deputy Grand Knight...Francis Abijaoude
 Chancellor.....Bob Benincasa
 Financial Secretary.....Jack Swartz, PGK
 Trustee 3 yr.....Richard Diefendorf, PGK
 Trustee 2 yr.....Tom Russell, PGK
 Trustee 1 yr.....Tom Nash, PGK
 Recorder.....Ruperto Salinas
 Advocate.....Gary Schulte, PGK
 Treasurer.....Jim Cairo
 Warden.....James Wayne
 Inside Guard.....Don Kolb
 Outside Guard (1).....Artie Hauer
 Outside Guard (2).....Mike Murphy
 Lecturer.....Al Gillis, PGK

Appointed Officers

Communications.....Jim Gentner
 Newsletter Editor.....Tom Karl
 Editorial Staff.....Jack Swartz, PGK
 Knights Website.....John Blome, PGK

Who’s tired of hearing the word “pandemic”. I won’t ask you to raise your hand as we most likely all are tired of that word. Think back 100 years ago when there was a first known flu pandemic. Back in the “olden days”, we did not have the advantage of (1) better schooling to educate people, (2) a modern telephone/communications/media systems to advise us about the problems and (3) a lack of knowledge about how flu could be carried from one person to another.

Jump forward 100 years and what did we learn? (1) schooling didn’t really make us all much smarter – look at those who say fake news and Covid is not a problem, (2) television gives us daily doses of information about the problem i.e. number of cases and deaths caused and (3) we are all much more knowledgeable of the existence of a modern disease, but many of us don’t heed the warnings. Many, unfortunately are or have been taken to the hospital with life threatening problems.

So why is that a concern of the Knights? Well, simply put, it is everyone’s responsibility to ensure the well being of our fellow man, woman and child. Most of us recite a daily Rosary to our Lady and in those prayers we ask for Her assistance. Rememberpray for us sinners.... is an important part of that prayer. Yes Brothers and Sisters, the Lord answers our prayers with the help of the Blessed Virgin Mary, our Mother in Heaven.

Please remember to start each day off with prayers for each of us and our well being and that of parishioners, friends etc. In that way, we truly will be Knights who show that we are a caring and loving Fraternity of men who believe in the fellowship of others. The song: “They will know we are Christians by our love.....” is not to be taken lightly. Also, “ do unto others as you will have done unto you”. Powerful food for thought. For if the Lord is with us, then who can possibly be against us? He is the power and the glory for ever and ever. Amen!

**Remember—One new member,
per Council, per month.**

**This is the desire of the
Supreme Knight.
Can you help us
make it happen?**



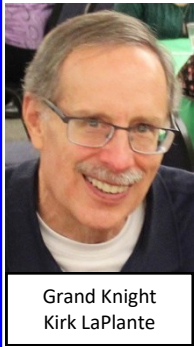
**For Fraternal Year 2021-2022
The State Theme is:
Defender of the Faith**



**KNIGHTS
OF COLUMBUS**
 IN SERVICE TO ONE
 IN SERVICE TO ALL

Insurance Field Agent Wes Casaus
 Wes.casaus@kofc.org
 (623)640-0436





Grand Knight's Column



Brother Knights and families of Council 15001,

Mark your calendars—our next General Meeting is planned for Wednesday July 8th. This meeting is typically reserved for the installation of new Officers for the Fraternal Year. However, we have been prohibited by Supreme from having face-to-face meetings until further notice. Given that direction, we'll have our Council's standard meeting remotely on July 8th and perform the Officers' installation once in-person meetings are again allowed.

As we close the past Fraternal Year, during which the last 3-1/2 months can only be described as “memorable”, and possibly even “bizarre”, we look forward with eager anticipation to the upcoming 2020 – 2021 Fraternal Year. We hope that we get back to normal activities in all areas of our lives, especially as it relates to our faith, our worship and the business of the Council 15001.

The annual celebration of the birth of our nation is just around the corner. Please join me in praying for a peaceful 4th of July. It seems I too easily forget all the sacrifices those brave men and women who came before made to bless us with our freedom. I ask that you each say a special pray for all those that gave their lives fighting for our freedom. These words hold as much importance today as they did 239 years ago.

“We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.”

I'm reading the book Consecration to St. Joseph: The wonders of Our Spiritual Father by Fr. Donald Calloway. It has inspired me to consecrate myself to St. Joseph. I highly recommend this book for all Catholics...it's a whole new way to see our spiritual father.

I'm entrusting the upcoming Fraternal Year to St. Joseph and will pray daily for his intercession for the success of our charitable endeavors in accordance with God's will.

VIVAT JESUS!

Kirk LaPlante GK

Council 15001

Email: Kofc15001@stpaulsphoenix.org

Some may think this is a picture of angel wings, but in reality it is the aftermath of a bird flying into someone's window!



Immediate Past Grand Knight's Column



Grand Knight
Richard Diefendorf

Brother Knights and families of Council 15001,

Hard to believe that my second term as the Grand Knight of 15001 has ended. It has been a pleasure working and serving with you. Each member has such a special meaning in my heart and I will keep you in my daily prayers.

While we all work through these days of the pandemic, it is my heartfelt desire to see as many Knights as possible continuing to do great works for this Council and the church in general.

While we can not meet physically, we can continue to make calls to each other and remind our Brother Knights that we are all a brotherhood and care about each other. This comradeship and feeling of unity is so important to us in the current pandemic situation. None of us has likely gone through anything like this before and it can bring a feeling of loneliness and almost a feeling of desperation. That is why I ask for each of us to continue to reach out and ask our Brothers if they are doing all right or if they need something. While we can not have physical contact at this time, we can take a lawn chair, put on our mask and go visit one of more of our Brothers and ensure that social distancing is being provided. We all want a sense of security in our lives. The church has provided that to us and now it is time for us to "give back", to help our Brothers and parishioners feel that others are out there ready to help them when they need it. That is a part of our "Faith In Action" program—giving help to the community.

Now that I will no longer be your active Grand Knight, I leave that task in excellent hands with Kirk LaPlante. He will make an admirable Grand Knight and keep us all in touch and informed. Please give Kirk as much help as you can when he asks for it.

Again, I thank Council 15001 for letting me enjoy the work of being your Grand Knight for 2019-2020 Fraternal Year. It has been a pleasure.

God Bless

Vivat Jesus

Richard "Dief" Diefendorf, GK
Email: Kofc15001@stpaulsphoenix.org



As I sail off into the sunset, I'll be thinking of you!



There is so much unrest and tragedy going on right now and we need to pray for each other more than ever. Remember, always, that Jesus and His Mother are with us every moment of every day, and let us feel the strength that they are blessing us with.

"Be not afraid, I am with you always."

In the Name of Jesus,
we pray for each other
and for our world! Amen!

Officers For 2020-2021 Fraternal Year Council 15001:



Grand Knight – Kirk LaPlante (602) 570-4977 (Cell) dklaplante@gmail.com



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Trustee (3) – Richard Diefendorf PGK (602) 686-4583 (Cell) macdief@centurylink.net

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Outside Guard #1 – Artie Hauer (602) 620-1308 (Cell) ahauer@cox.net

Outside Guard #2 – Mike Murphy (602) 284-0651 (Cell) irishmanmpm@aol.com



Chaplain – Fr. Bruno Cuario (928) 707-1993 (Cell) frcuario@stpaulsphoenix.org

Asst. Chaplain – Fr. Ishaya Samalia (480) 428-9712 (Cell) frsamalia@gmail.com



Interesting Facts About the Fourth of July

On the very first 4th of July in 1776, **America was home to only 2.5 million citizens**. Today, it is home to over 326 million. Also, Presidents John Adams, Thomas Jefferson and James Monroe all died on July Fourth.

The 4th of July is special because it serves as a **reminder of freedom**: both political and personal.

On this federal holiday, also known as Independence Day, marking the Colonies' adoption of the Declaration of Independence on July 4, 1776, which declared independence from the Great Britain and its king, we thought it would be appropriate to share some fun facts about this historic day. We are already familiar with the fireworks, parades , barbeque and festivities like picnics, fairs, concerts and parties that take place on this day, but there are some things many people don't know about the Fourth.

1. Congress made Independence Day an official unpaid holiday for federal employees in 1870. In 1938, Congress changed Independence Day to a paid federal holiday.
2. Only John Hancock actually signed the Declaration of Independence on July 4, 1776. All the others signed later.
3. The Declaration of Independence was signed by 56 men from 13 colonies.
4. The average age of the Signers of the Declaration of Independence was 45. The youngest was Thomas Lynch, Jr (27) of South Carolina. The oldest delegate was Benjamin Franklin (70) of Pennsylvania. The lead author of The Declaration, Thomas Jefferson, was 33.
5. One out of eight signers of the Declaration of Independence were educated at Harvard (7 total).
6. The only two signers of the Declaration of Independence who later served as President of the United States were John Adams and Thomas Jefferson.

(Continue next page)

7. The stars on the original American flag were in a circle so all the Colonies would appear equal.
8. The first Independence Day celebration took place in Philadelphia on July 8, 1776. This was also the day that the Declaration of Independence was first read in public after people were summoned by the ringing of the Liberty Bell.
9. The White House held its first 4th July party in 1801.
10. President John Adams, Thomas Jefferson and James Monroe all died on the Fourth. Adams and Jefferson (both signed the Declaration) died on the same day within hours of each other in 1826.
11. Benjamin Franklin proposed the turkey as the national bird but was overruled by John Adams and Thomas Jefferson, who recommended the bald eagle.
12. In 1776, there were 2.5 million people living in the new nation. Today the population of the U.S.A. is 316 million.
13. Fifty-nine places in the U.S. contain the word “liberty” in the name. Pennsylvania, with 11, has more of these places than any other state. Of the 59 places nationwide containing “liberty” in the name, four are counties: Liberty County, Ga. (65,471), Liberty County, Fla. (8,276), Liberty County, Mont. (2,392) and Liberty County, Texas (76,571).
14. The most common patriotic-sounding word used within place names is “union” with 136. Pennsylvania, with 33, has more of these places than any other state. Other words most commonly used in place names are Washington (127), Franklin (118), Jackson (96) and Lincoln (95).
15. Fireworks are part of the tradition of celebrating this national holiday. The U.S. imported \$227.3 million worth of fireworks from China in 2012. U.S. exports of fireworks, by comparison, came to just \$11.7 million in 2012, with Israel purchasing more than any other country (\$2.5 million).
16. In 2012, vast majority of imported U.S. flags (\$3.6 million) were made in China.
17. Barbecue is also big on Independence Day. Approximately 150 million hot dogs and 700 million pounds of chicken are consumed on this day.
18. Every 4th of July the Liberty Bell in Philadelphia is tapped (not actually rung) thirteen times in honor of the original thirteen colonies.
19. Traditions place the origins of “Yankee Doodle” as a pre-Revolutionary War song originally sung by British military officers to mock the disheveled, disorganized colonial “Yankees” with whom they served in the French and Indian War. It is believed that the tune comes from the nursery rhyme Lucy Locket. One version of the Yankee Doodle lyrics is “generally attributed” to Doctor Richard Shuckburgh, a British Army surgeon. According to one story, Shuckburgh wrote the song after seeing the appearance of Colonial troops under Colonel Thomas Fitch, V, the son of Connecticut Governor Thomas Fitch.[2]
20. The tune of the National Anthem was originally used by an English drinking song called “to Anacreon in Heaven.” The words have nothing to do with consumption of alcohol but the “melody that Francis Key had in mind when he wrote those words did originate decades earlier as the melody for a song praise of wine.” <http://www.colonialmusic.org/Resource/Anacreon.htm>



Yankee Doodle

WORDS BY DR. RICHARD SHUCKBURGH
TRADITIONAL MUSIC

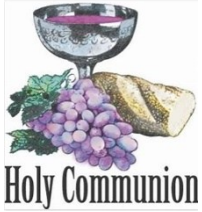
Although the original Yankee Doodle was named by the British Regulars in mock of Continental soldiers, it quickly became something of a national song.

With guitar Arranged by William Hoist

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www.colonialmusic.org/Resource/Anacreon.htm





SPIRITUAL COMMUNION

Pope Francis prays for those who are isolated due to the spread of COVID-19, he invites Catholics to unite ourselves to Christ and one another in the spiritual communion of the Eucharist. "In this situation of pandemic, in which we find ourselves living more or less isolated, we are invited to rediscover and deepen the value of the communion that unites all the members of the Church."

The Pope said: "United to Christ we are never alone, but we form one single Body, of which he is the Head." The Pope called it "a union that is nourished with prayer and also with the spiritual communion in the Eucharist, a practice that is highly recommended when it is not possible to receive the sacrament."

Spiritual Communion is the practice of desiring union with Jesus Christ in the Holy Eucharist. It is used primarily by individuals who cannot receive Holy Communion, such as the ill, the divorced and remarried, and those who have not yet been received into full communion with the Church. St. Thomas Aquinas described it as "an ardent desire to receive Jesus in the most holy sacrament and lovingly embrace him" at a time or in circumstances when we cannot receive him in sacramental Communion.



ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart. I embrace You.
Amen.

3 NEW MEMBERS JOIN COUNCIL

Three new members signed during the month of June helped Council 15001 reach its assigned goal of new members on the way to being designated a Star Council! All 3 new Knights went through their first 3 degrees on-line the morning of June 13.

First to be signed, by PGK "Dief" Diefendorf, was Fred V. Cosme; Fred is a longtime parishioner who professionally is also a caterer. Fred is married to Jeanne.

Next was Morgan Billingsley, sponsored by PGK Tom Nash; Morgan is one of our youngest members at age 21 and he is a self-employed software website developer.

Finally, Charley Billingsley was signed and sponsored by PGK Jack Swartz; Charley is the father of Morgan, married to Terra and is a real estate agent and also works for AZ Downs.

Please welcome these 3 great additions to Council 15001. This pushes our roster to around 115 members.



Fred Cosme



Morgan Billingsley



Charley Billingsley



Fr. Mark Aune

Father Mark Aune

Charter Member/Officer of Council 15001 on March 17, 2010

I grew up in Bismarck, North Dakota where my family was active at Corpus Christi Catholic Church. I became involved in the church and various ministries throughout grade and high school. I felt a calling at a young age towards priesthood, however, I was too busy pursuing my own self interests.

I attended the University of Mary, graduating with a business degree in May 1986. I then furthered my studies in obtaining a physical therapy degree at the Chicago Medical School in June of 1991. I felt a calling to priesthood throughout these years, however, I chose to dismiss and suppress these thoughts to fulfill my own career desires.



In August 1995 I moved to Phoenix, Arizona to advance my physical therapy career. Four years ago, God spoke to my heart regarding His desires for me to “evangelize his people.” From this experience I had a growing desire to attend daily Mass. I became more involved in the various ministries at St. Paul’s Catholic Church in Phoenix. God’s call became more persistent and “nagging” to my heart. God spoke to me with several messages: “You have more to offer,” “Trust in Me,” “I will not lead you where I will not sustain you,” and “I don’t recall putting an expiration date on a priestly vocation.” I made a conscious effort to spend more time in prayer and to totally surrender to the will of God.

Once I decided to pursue the possibility of a vocation to the priesthood, a blanket of peace came over me and has continued to this day. I proceeded by contacting Fr. Joshua Waltz, vocation director for the Diocese of Bismarck. Fr. Waltz spoke with Bishop David Kagan who was willing to accept me as a seminarian for the Diocese of Bismarck.


Fr. Mark Aune was ordained a Roman Catholic Priest on June 11, 2020, which coincidentally, was also his birthday!

Fr. Mark Aune has been assigned to the Church of Corpus Christi, Bismarck (Eff. July 1); Part-time Religion Teacher, Light of Christ Schools 1919 N. 2nd St., Bismarck, ND 58501-1735.

Fr. Mark Aune remains a member of Council 15001 and we are so very proud of his accomplishments.



Please pray for
Rev. Mark Duane Aune
 Ordained to the
 Sacred Order of the Priesthood by
 the Most Rev. David D. Kagan
 Bishop of Bismarck
 June 11, 2020



O God, you are my God,
 For you I long;
 For you my soul is thirsting.
 My body pines for you
 Like a dry, weary land
 without water.
 So I gaze on you in the sanctuary
 To see your strength
 and your glory.
 For your love is better than life,
 My lips shall praise you forever!

Psalm 63:1-4



Madonna of the Host, Pray for Us!

A PRAYER FOR PROTECTION IN TIME OF PANDEMIC



The ancient fresco of Madonna del Soccorso (Our Lady of Help) in St. Peter's Basilica was restored with the support of the Knights of Columbus to mark the Year of Faith (2012-2013). Photo courtesy of Fabbrica di San Pietro/M. Falcioni.

O Mary,
you always brighten our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the Sick,
who, at the Cross, took part in Jesus' pain
while remaining steadfast in faith.

O loving Mother,
you know what we need,
and we are confident you will provide for us
as at Cana in Galilee.

Intercede for us with your Son Jesus,
the Divine Physician,
for those who have fallen ill,
for those who are vulnerable,
and for those who have died.

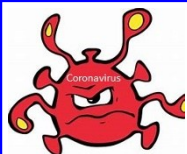
Intercede also for those charged with
protecting the health and safety of others
and for those who are tending to the sick
and seeking a cure.

Help us, O Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who took upon himself our
sufferings and carried our sorrows,
so as to lead us, through the Cross,
to the glory of the Resurrection. Amen.

*Under thy protection we seek refuge,
O Holy Mother of God.
In our needs, despise not our petitions,
but deliver us always from all dangers,
O glorious and blessed Virgin. Amen.*

Adapted from the prayer of Pope Francis

KNIGHTS OF  COLUMBUS



[Where to get COVID-19 testing in the Phoenix area, with or without symptoms](#)



PHOENIX - Thousands of Arizonans are hoping to get tested for [COVID-19](#) as the [cases reach new records](#) day-by-day.

Some testing locations offer tests if you have symptoms, and at other locations, symptoms are not needed to get a test done.

Below is a list of testing locations based on a patient experiencing symptoms, or who may be asymptomatic.

Must have symptoms:

Banner Health (Phoenix): Call 1-844-549-1851 or [visit their website](#) to schedule an appointment to get tested. The hospital does not accept walk-ins.

Abrazo Health: Schedule an [appointment online](#) and you must do a COVID-19 assessment to see if you qualify to get tested.

Honor Health: Call 480-587-6200 for an appointment or [visit their website](#).

CVS Health – Book an appointment [online](#).

Do not have to exhibit symptoms:

For diagnostic testing, FastMed Urgent Care does not require the patient to have symptoms to get tested. Check-in [online](#) and complete e-registration.

Maready Medical: Drive-up testing available by appointments scheduled [online](#) or by phone 480-626-2444.

Next Care Urgent Care: Rapid testing at some locations. [Visit the website](#) to show how many people are in line to get tested via curbside.



NextCare and its family of brands has announced it will begin using the new Abbott ID-NOW technology to test for COVID-19. This new test is groundbreaking in both its design and efficiency and allows patients to receive their results in under 15 minutes. If a patient is positive for COVID-19, a result will be known in as little as 5 minutes and if a patient is negative for COVID-19, a result will be known in as little as 13 minutes. The efficiency of ID-NOW COVID-19 is helpful in not only allowing the patient to know their specific result, but the speed of the test allows healthcare professionals to make appropriate and more efficient treatment and infection control decisions.

Due to limited supplies, at this time we are reserving these tests for patients who have met provider-determine criteria based on CDC priority.

Look for our RAPID Testing icon next to the location to find clinic who have the resource available.

ATTENTION: All Clinics have the ability to perform specimen collection for off-site lab testing for COVID-19.

The locations below with the “RAPID COVID-19 TESTING” icon (pictured below) have the ability to offer rapid test results.

[Phoenix \(W McDowell Rd.\)](#)

5920 W McDowell Rd
Phoenix, Arizona 85035

[Phoenix \(N. Tatum Blvd.\)](#)

Tatum Blvd. just north of the 101

[Phoenix \(E Thomas Rd.\)](#)

1701 E Thomas Rd.
Phoenix, Arizona 85016

Complete listing is at: <https://nextcare.com/curbside/>

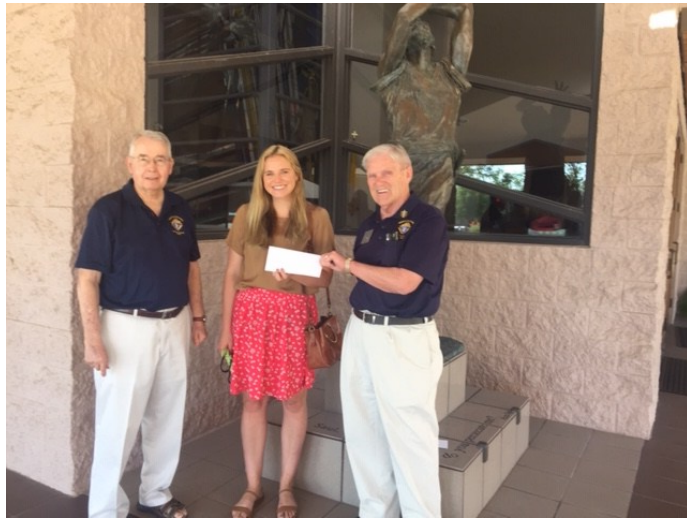


(U.S. Army National Guard photo by Sgt. Amouris Coss)

Council 15001 received the following “Thank You” note from Allie Sanford, who recently received a contribution from the Council for \$200 and additionally received a \$400 check for FOCUS, the organization she works for:

Dear Knights of Columbus,

I cannot thank you all enough for your generous donation to FOCUS and to me! I am filled with much gratitude for your willingness and “yes” in support. Fundraising can come with many emotions of uncertainty and doubt, but the Lord sends much peace and affirmation through people like you. Thank you for your faithfulness and sacrifice to the St. Paul’s parish and all your labors of love. Please know of my prayers for you all and your families. St. Therese of Lisieux once said “Some go on mission through going, others go by giving. Without both there would be no mission.” May God bless you all abundantly!! In Jesus, Allie Sanford



FRATERNAL BENEFITS “ZOOM” MEETING HELD

The Arizona Knights of Columbus held a Fraternal Benefits “Zoom” Meeting the morning of June 20 to inform local members of the many benefits available to them through the Supreme insurance department. The meeting also was a requisite for qualifying for the Star Council Award and our Council needed a minimum of 10 persons (Knights and wives) to meet this particular qualification. We did meet the qualification with the following 14 Knights and wives who were able to participate: GK Kirk LaPlante and wife; Andre Cerna and wife; PGK Tom Russell and wife; Chris Theut and wife; John Van Cuyk and wife; James Wayne; Bob Benincasa and wife; and Roel Zamora.

While not from the Zoom meeting, here are some suggested items to read:

When a loved one dies, family values remain... but for many, a death may destroy our loved one's dreams – dreams such as:

- College Education for Children
- Income Security
- Family Vacations
- A Comfortable Nest Egg at Retirement

Knights of Columbus INSURANCE
YOUR SHIELD FOR LIFE

Some financial mistakes in life provide no second chances for those you love the most.

Even an unintentional oversight can have financial repercussions lasting a lifetime.

Knights of Columbus INSURANCE
YOUR SHIELD FOR LIFE

Knights of Columbus INSURANCE
YOUR SHIELD FOR LIFE

Mr. Wes Casaus Sr., FSCFP, FICF
Financial Services Certified Professional
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wes.casaus@kofc.org
Let's Connect!
[On LinkedIn](#) & [On Facebook](#)

Are you confident that you are adequately protected?

With today's new contract choices, life insurance coverage may be more affordable than you ever imagined.

Get the info on different examples...then YOU decide.

Knights of Columbus INSURANCE
YOUR SHIELD FOR LIFE

Member since 2005
Protecting Catholic families since 1882

**Life Insurance • Long-Term Care Insurance
Retirement Annuities • Disability Insurance**

Some Famous Last Words of a Great Man

Steve Jobs dies a billionaire, with a fortune of \$7 billion, at the age of 56 from pancreatic cancer, and here are some of his last words... "In other eyes, my life is the essence of success, but aside from work, I have a little joy. And in the end, wealth is just a fact of life to which I am accustomed."

"At this moment, lying on the bed, sick and remembering all my life, I realize that all my recognition and wealth that I have is meaningless in the face of imminent death. You can hire someone to drive a car for you, make money for you – but you can not rent someone to carry the disease for you. One can find material things, but there is one thing that can not be found when it is lost – "LIFE".

Treat yourself well, and cherish others. As we get older we are smarter and we slowly realize that the watch is worth \$30 or \$300 – both of which show the same time. Whether we carry a purse worth \$30 or \$300 – the amount of money in the wallets is the same. Whether we drive a car worth \$150,000, or a car worth \$30,000 – the road and distance are the same, we reach the same destination. If we drink a bottle worth \$300 or wine worth \$10 – the "stroller" will be the same. If the house we live in is 300 square meters, or 3000 square meters – the loneliness is the same."

"Your true inner happiness does not come from the material things of this world. Whether you're flying first class, or economy class – if the plane crashes, you crash with it."

So, I hope you understand that when you have friends or someone to talk to – this is true happiness!

Five Undeniable Facts

- 1 Do not educate your children to be rich. Educate them to be happy. – So when they grow up they will know the value of things, not the price.
- 2 Eat your food as medicine, otherwise you will need to eat your medicine as food.
- 3 Whoever loves you will never leave you, even if he has 100 reasons to give up. He will always find one reason to hold on.
- 4 There is a big difference between being human and human being.
- 5 If you want to go fast – go alone! But if you want to go far – go together.

And in conclusion...

The six best doctors in the world

1. Sunlight
2. Rest
3. Exercise
4. Diet
5. Self-confidence
6. Friends

Keep them in all stages of life and enjoy a healthy life.

Whichever stage in life we are at right now, with time, we will face the day when the curtain comes down.

Treasure Love for your family, love for your spouse, love for your friends...

Treat yourself well. Cherish others.

"Love the people God sent you, one day He'll need them back."

[Seattle, Columbus and Historical Fictions](#)

"This column first appeared on the website *The Catholic Things* (www.thecatholicthing.org) Copyright2020. All rights reserved. Reprinted with permission." (Thanks to our Grand Knight and PGK Tom Nash for suggesting this article)

Chief Seattle, who gave his name to the currently troubled city in the State of Washington, was pure Native American (father Suquamish, mother Duwamish). A mighty warrior, he essentially eliminated the rival Chimakum tribe in a battle on what is now the Quimper Peninsula. Like other native chiefs, he owned slaves. And he was a convert, probably in his fifties, to Roman Catholicism.

I learned about him more than 30 years ago, when I was researching my very first book, *1492 and All That*, as controversy was raging about the 500th anniversary of Columbus' first voyage to the New World. Seattle's story shows how complex, to say the least, are our individual lives – and how false and disrespectful of those lives it is to use past historical figures in what are manufactured, simple-minded, ideological morality plays.

Native Americans are not supposed to have been violent, like "white men." Or at least not against other Native Americans, and because all those different peoples must have been One Harmonious Anti-White Thing, no?

And his tribe, as "people of color" (which for the moment seems to include Hispanic descendants of Spanish *conquistadores*), couldn't have owned slaves or perpetrated "genocide" against another tribe.

And how could such a man, as a successful and mature adult, choose to become, of all things, a Catholic?

Yet he was hardly unique in these and many other ways. And, properly understood, is still a great and noteworthy figure whose name (and statue) should remain, undisturbed, in Seattle.



We're all fallen creatures, in need of forgiveness and mercy, not least those who don't know it. Shakespeare's Hamlet had the old Christian wisdom and human decency exactly right: "Use every man after his desert, and who should 'scape whipping?"

I say this not out of any desire to deny Seattle's – or anyone's – sins, but to point out that he was more than those faults, even than the slavery. I said as much during a panel discussion on Columbus in the 1990s and was – still am – a bit shocked that one of the participants responded, "Well, slavery worked for them." Sadly, that was the comment from a black historian – who knew that Indian cultures were not to be criticized.

Christopher Columbus is getting a bad rap, again, at this moment. And truth be told, he too indulged in a bit of the "noble savage" myth. In his report about his first voyage, he told Queen Isabella of the Tainos that he encountered in the Caribbean: "They are very gentle and without knowledge of what is evil; nor do they murder or steal. . . .They love their neighbors as themselves, and they have the sweetest talk in the world, and are gentle and always laughing."

Columbus was something other than a "white" conqueror; despite the unprecedented difficulties he faced in the new cultures he encountered, there were remarkably few instances of his mistreating anyone and some touching moments of understanding. He was usually unsure of himself, as we ourselves often are. Las Casas said of him, "Truly. I would not dare blame the admiral's intentions for I knew him well and I knew his intentions were good."

In a way, this is no great surprise because Columbus was a serious, almost obsessive, Christian. Indeed, there is considerable evidence that he had some sort of revelation about making his first voyage, even though he probably knew through his scientific studies that "the Indies" were farther than he let on. He finished his days dressed as an Observatine Franciscan.

These and similar facts are well known to historians. But you'd never know it from current public discussions.

I gave dozens of lectures at universities after my book on Columbus appeared – a memorable one in a packed room at Princeton on October 12, 1992, organized by our friend Fr. John McCloskey, who was chaplain there at the time. I heard, quietly but multiple times, from history professors at whichever institution I happened to be visiting: We're glad you said all that. We can't.

My modest *1492 and All That* was the only book of mine ever to be reviewed in the prestigious *New York Review of Books*. Oxford historian J.H. Elliott, who did the review, remarked at the time that it was regrettable that such a book even had to be written. But it did.

And still does. I've just agreed with Sophia Institute Press to do an updated and expanded second edition, which will appear on Columbus Day this year.

It's almost forty years since the first edition, and we've not only learned nothing, we've forgotten what little we once knew and thrown away much of the human decency we still possessed. And there are many furiously busy today trying to make sure we never tell the whole truth. But when you cut the roots, it's just a matter of time before the whole thing comes crashing down.

Dr. Robert Royal is editor-in-chief of The Catholic Thing, and president of the Faith & Reason Institute in Washington, D.C. His most recent book is [A Deeper Vision: The Catholic Intellectual Tradition in the Twentieth Century](#), published by Ignatius Press. [The God That Did Not Fail: How Religion Built and Sustains the West](#), is now available in paperback from Encounter Books.

Birthdays—July 2020

July 07	William Daugherty
July 08	Frederick Brandt
July 09	Jim Doorley
July 20	Terry McCormick
July 29	Ernest Weege
July 30	James Wayne
July 31	Rene Talamantes



July 10	Debbie Castellarin
July 17	Irene Murphy
July 18	Gerri Cook
July 26	Nadine Swartz
July 28	Angie Talamantes

Happy Birthday

May God give you the strength and wisdom to smoothly surmount all the challenges life brings you. Stay blessed and enjoy your day to the fullest.

NOTE: Wives' birthday list was taken from the Council Membership Survey which was turned in by members of the Council. We would really like every member to complete this survey so that we can have the most complete and accurate birthday listing Available.

Our Knights In Action

During the past Fraternal Year, PGK Richard Diefendorf sent a full year listing of the types of volunteer service hours, in a form format, to each member. We will try to continue that by providing a two-month list for you to fill out and give to the Financial Secretary. **You may also include any ministries that your wife and family participate in.** This means that you may include time for any and all parish ministries: EM, Adorer, Usher, Lector, Altar Server, Dusting Angels, RCIA, teaching or assisting at Catechesis, prayer shawls, decorating the Church at Christmas and Easter, attending Degree ceremonies, and of course the picnic and Campus cleanup. These are only a few of the things we and our Families do.

Monthly Record of Volunteer Service Hours for Council 15001

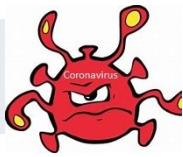
Name: _____

June

2nd Sunday P.P. Rosary _____
 Servers _____
 EM _____
 Lector _____
 Adoration _____
 Other _____

July

Officers' Installation _____
 2nd Sunday P.P. Rosary _____
 Servers _____
 EM _____
 Lector _____
 Adoration _____
 Other: _____



July



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4  Independence Day
5	6	7	8 Online General Meeting 	9	10	11
12 Rosary at Planned Parenthood if in Phase II. TBD	13	14	15	16		
19	20 Officers' Meeting either online or RM 8 TBD	21	22	23		
26	27	28 Semi-Annual Audit	29	30		

Upcoming Events For July/August 2020

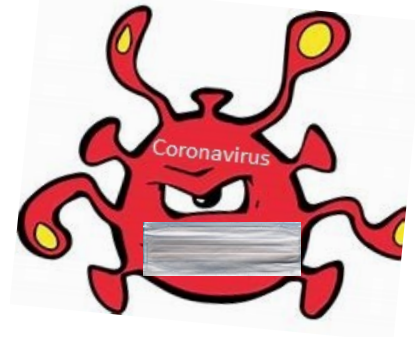
Listing of all events is delayed until at least July 15th.

July 8 General Meeting ZOOM Meeting

July 20 Officers' Meeting

Remember: Hot water and soap will shorten the life of a virus.

Wearing a mask may also make a difference.



Now, for some sick jokes!
(Yes, pandemics cause this!)

Did you hear the rumor about butter?
Better not spread it!

Why is the forest so noisy?
Because the trees bark!



[Prayer to End Abortion](#)

We often discuss in the newsletters and during General Meetings the need to have Rosary Sunday, which is the second Sunday of each month. While many of you are able to take some time out of your valuable day, it would be a great example to yourselves, your family and your parish to make an appearance as often as possible. Every prayer is valuable to you and to our Blessed Mother Mary. It is through Her that we ask for God's intercession to stop the needless killing of convenience that is occurring. So once again, we ask you to try to come to as many of the Rosary Sundays as possible during each year.

*Lord God, I thank you today for the gift of my life,
And for the lives of all my brothers and sisters.
I know there is nothing that destroys more life than abortion,
Yet I rejoice that you have conquered death by the Resurrection of Your Son.
I am ready to do my part in ending abortion.
Today I commit myself
Never to be silent,
Never to be passive,
Never to be forgetful of the unborn.*

*I commit myself to be active in the pro-life movement,
And never to stop defending life
Until all my brothers and sisters are protected,
And our nation once again becomes
A nation with liberty and justice
Not just for some, but for all.
Through Christ our Lord. Amen!*



[For Those Who Are Sick & Distressed](#)

*Father, your Son accepted our sufferings to teach us the virtue of patience in human illness.
Hear the prayers we offer for our sick Brothers or their relatives: Dema Schulte, Fr. Mark Aune, Mike & Chris Murphy, Collette Thompson, Bryan Darling, Rick Razzano, Larry Mackin, Colin Russell, Diana Herrenna, Chuck Kime, Larry Mackin, Cecile Calderon, Ave Marie Leonard, John and Lila Van Cuyk, GK Dief's wife Mac, Margaret Smith, John Ingraham and Diane Russell.*

*May all who suffer pain, illness or disease realize that
they are chosen to be saints and know that
they are joined to Christ in his suffering
for the salvation of the world,
who lives and reigns with you and the Holy Spirit, Amen.*

Always keep in mind the unborn who were never given a chance of life.

Attention All Event Chairmen: After your event, please ensure that photos are sent to your Newsletter Editor for inclusion in the next newsletter.

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**[Submission of newsletter articles should be sent to your Newsletter Editor
not later than the 25th of the month.](#)**